

Dear Parents and Guardians,

We thank you and your family for being our valued partners as we work together to provide excellence in education and social-emotional wellness for all students in our district. As you may already be aware, building our students' social-emotional learning (SEL) skills is an ongoing commitment in Folsom-Cordova Unified School District (FCUSD). Further, FCUSD recognizes the importance of addressing the whole child, including academics and your student's ability to grow as a responsible and confident person. As such, we are writing to share features of our SEL program.

Students in TK-8th grade receive direct SEL instruction through **Second Step**. The Second Step digital program is a universal, Tier 1 SEL curriculum. The program includes four full units of weekly, age-appropriate lessons for each grade. The following links allow you to view the linked Scope and Sequence for [Elementary](#) and [Middle School](#).

High school students build their SEL proficiency through **BASE Education**. BASE is an online software program created by mental health specialists that delivers therapeutic prevention and intervention. BASE teaches students skills such as how to:

- be safe online
- handle bullying
- improve self-esteem
- manage anger
- communicate healthily
- and control impulsive decisions, among many other skills.

As your student gains knowledge, they will be able to answer questions about themselves, identify personal challenges, and begin to understand their patterns, all to ultimately find their healthiest way to grow.

In an effort to provide as much support as possible, BASE offers parent and guardian courses that mirror the content your student is learning. Through these courses, we hope to keep you aware of the information your student has learned and to give you insight into their lives so that you can better connect with them. The following links allow you to view the [sequence](#) and [modules](#).

Additionally, through our partnership with Panorama Education, we will be asking for your children in 3rd grade through 12th grade to reflect on their own mindsets and approaches to learning via an online survey completed in 20-30 minutes at school. Teachers of students in

grades TK-2 or students with moderate/severe disabilities will complete a teacher-perception survey on behalf of their students.

The survey content will ask students to self-reflect on the [Collaborative for Academic, Social, and Emotional Learning \(CASEL\)](#) SEL competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Students in grades 3-12 will complete an additional short survey on equity and their sense of belonging.

As a district, we are committed to protecting student information and the responses to these surveys are confidential. The data provides invaluable insights into student experiences and is used internally in FCUSD to inform how we, as a district, can improve and adapt our services to better meet student needs.

FCUSD shares information with our partners to facilitate student accounts and response reporting functions. Privacy policies for each partner are accessible on their respective websites.

Additional information and resources from our SEL partners:

- **Panorama:**
For more information about Panorama Education and to see examples of how schools use this data, please view the linked [video](#).
- **Second Step:**
For more information about Second Step Elementary, please view the linked [video](#).
Middle School linked [video](#)
- **BASE:**
If you would like a personal account to access parent and guardian courses, please contact your School Administrator. You can also visit their website at www.base.education to learn more about BASE.

Students grow best when their support systems work together. Thank you for your partnership and for allowing us to work with and care for your student.

Sincerely,

Jyuanne Pease, Ed.D

Director, SEL & Equity